

Shorewood Pool Member, April 2023

Welcome back! This is your 2023 membership information, and that means that summer is just around the corner. Among other documents, you should find the following items:

- 1.) 2023 membership rate sheet with important dates
- **2.)** Swimming and diving lesson level information
- **3.)** Swim team information sheet
- **4.)** Dive team information sheet
- 5.) Water Ballet information sheet
- **6.)** Membership grant program donation form (grant request forms available on the website www.shorewoodpool.com, or through the Village Hall)
 - 7.) 2023 Pool Schedule

Memberships that are not received on time will be assessed a late fee of \$25.00. Any requests for a membership refund prior to the opening day of the season will be subject to an administrative fee of \$25.00. There are no refunds after the pool season begins.

To sing up for a membership go to the pool website and click on the Perfect Mind link.

Payments are due by: TUESDAY, April 25th

After the April 25th deadline, pool memberships are granted on a first come, first served basis until the pool reaches its capacity. Late payments risk the possibility that pool memberships have closed for the season!

Please remember that your pool cards are permanent. In the event that you have misplaced your card(s) from last season, please request a replacement in the appropriate area on your invoice.

Replacement pool cards (if requested) will be mailed in mid-May to the address listed on your invoice.

Hello!

I wanted to start off by introducing myself. My name is Amanda Ellmaker, and I am excited to be back at Shorewood for my second year as the general manager. I have been working for the pool in some capacity since 2010. One of my favorite parts about the Shorewood Hills Pool is that even with its large size, it has a very strong "one big family" vibe. Being a part of that community and getting to know all of the wonderful members is almost as refreshing as the water itself. We're looking forward to a fantastic 2023 season and can't wait to see you all poolside!

As always, I would welcome any feedback or suggestions that you may have to make your experience at the pool as great as it can be. Please do not hesitate to contact me anytime at poolmanager@shorewood-hills.org. I look forward to seeing you all at the pool in a couple of short months!

Sincerely, Amanda Ellmaker Shorewood Hills Pool General Manager

Shorewood Hills Pool 2023 Membership Rates



	Shorewood Resident	Non-Resident	August Only (Resident and Non-Resident) (August 1 – September 2)
Family	\$ 577	\$ 721	\$ 250
Two-Person (Adult & 1 dependant under 18)	\$ 405	\$ 506	\$ 175
Two-Person (Adult & spouse/domestic partner or 1 dependant 18-25)	\$405	\$506	\$175
Single	\$ 230	\$ 288	\$101
Senior Citizen Two-Person	\$ 323	\$ 404	\$ 140
Senior Citizen Single	\$ 185	\$ 231	\$ 77

Pool Members (Resident and Non-Resident): Rates

Babysitter Card/Caregiver (limit 1) \$ 65.00
 5-Pack of Guest Passes \$ 32.00

Pool Parties
 \$ 6.00/person (maximum 20 guests)

Individual Houseguest Passes
 Family Houseguest Passes
 \$ 12.00/day or \$ 30.00/week (7 consecutive days)
 \$ 24.00/day or \$ 60.00/week (7 consecutive days)

Extended Individual Houseguest Pass \$ 120.00/30-day pass

• Replacement Card \$ 5.00/card

Non-Pool Member Village Resident: Rates

Daily Passes for own use (limit, 10 days)
 Individual Houseguest passes
 Family Houseguest passes
 \$ 6.00/day
 \$ 12.00/day
 \$ 24.00/day

Note: Please see membership policies for applicability of above passes.

MEMBER EVENTS DATE

POOL OPENS @@@!!!@@@!!!@@@	MAY 27
Swim and dive team begin	JUNE 5
Water Ballet begins	JUNE 12
Swim and dive lessons (Session 1)	JUNE 12 – JUNE 30 (Mon-Thur)
Membership Parties	JUNE 18 AND AUGUST 27
Swim and dive lessons, session 2 registration on Perfect Mind	JUNE 30
Due date for session 2 swim and dive lesson registration	JULY 6
Float Night	JULY 9
Swim and dive lessons (Session 2)	JULY 10– JULY 21 (Mon-Fri)
Ice cream social and water ballet performance	JULY 16
High School Party	AUGUST 16
Middle School Party	AUGUST 23
POOL CLOSES ⊗⊗⊗	AUGUST 31

Shorewood Pool News - 2023



- 1. <u>SWIM/DIVE LESSON INFO</u>: Swim/Dive lesson class rosters will be posted at the pool on opening day. **Lesson registration is now done through Perfect Mind.**
- 2. Please check out our <u>website</u> at: <u>www.shorewoodpool.com</u>. It provides useful information on everything related to the pool. Please ensure your email is up to date in Perfect Mind. We will be using Perfect Mind to remind members of schedule changes, special events, and other fun opportunities. If you have done this step and you are not receiving emails a tip that has worked for other is to save following emails to your contacts: community@perfectmind.com, info@shorewood-hills.org, and info@shorewoodpool.com
- 3. We have continued the "Family Swim" period on Friday evenings, beginning June 16th. Each Friday evening, at 4:00 PM, the pool will be converted to a short course set-up, allowing for a large area of the shallow end to be used by families. Lap swimming will be preserved in the short course format.
- **4. Float Night –** We will have a "Float Night" on Sunday 7/9. The pool will be converted to a short course format at 6pm, allowing for a large area of the shallow end to be used for the floats. We will provide a number of floats for your relaxation, however you may also bring your own (please be sure that they are clean and have never been in the lake they must also be sized for no more than one person).
- **5. Membership Parties-** We will be having "<u>Membership Parties"</u> on **Sunday 6/18 and Sunday 8/27**. We offer these events as a thank you to our wonderful members and a chance to kick back and enjoy some poolside music, food, and fun with family and friends. Like most Sunday evenings, we will have our "activity night" attractions up.
- **6.** "Activity Night" Sunday's from 4-7pm We are excited to continue our "Activity Nights" at which members can enjoy our "wibit" inflatable obstacle course and log rolling! We will still have space for "open swim" as well as lap lanes available for adults, but portions of the pool will be dedicated to the fun activities.

POOL CLOSURES AND/OR RESTRICTIONS:

DATE	EVENT	IMPACT
June 5-8	Evening Swim & Dive Practice	Pool converted to short course & diving well closes at 4:45 PM
June 16	Home Dive Meet	Diving well closes at 3:00PM. Deep end of pool closes at 5:00PM
June 18	Member Party	Music/Food/Activities – see details above
June 21	Home Swim Meet	Pool closes at 2:30 PM
June 23	Home Dive Meet	Diving well closes at 3:00PM. Deep end of pool closes at 5:00PM
July 1	Home Swim Meet	Pool closed in AM until 1 hour after meet ends
July 4	July 4 th Holiday	Pool closes at 6:00 PM
July 7	Home Dive Meet	Diving well closes at 3:00PM. Deep end of pool closes at 5:00PM
July 8	Home Swim Meet	Pool closed in AM until 1 hour after meet ends
July 9	Float Night	Pool converted to short course at 6:00 PM. Floats in the water.
July 15	Water Ballet Dress Rehearsal	Deep end of pool closed from 7:00 – 9:00 PM. Music playing.
July 16	Water Ballet Show/Ice Cream Social	Pool closes at 5:00 PM
July 23- 25	All City Dive Meet	Pool closed all 3 days (Sun. warm-ups for all 13 teams, Mon/Tues meet)
July 30	Swim and Dive Team Celebration	Pool closes at 7:30 PM
Aug 16	High School Party	8-10pm – details to be emailed out prior to party
Aug 23	Middle School Party	8-10pm – details to be emailed out prior to party
Aug 27	Member Party	Music/Food/Activities – see details above

<u>NOTE</u>: Home swim meets generally end around 12:00 – 12:30 PM, however this time may be later depending on the size of the meet.

NOTE: The East (deep) end of the pool will reopen following the completion of the dive meets. This is typically around 7:30 PM, and is also subject to change depending on the size of the meet.

SHOREWOOD HILLS POOL SWIMMING AND DIVING LESSON REGISTRATION

SESSION-1: JUNE 12 – JUNE 29
Monday through Thursday

SESSION-2: JULY 10 – JULY 21
Monday through Friday

NOTE: Please be considerate of other participants taking part in lesson activities. We will only be able to accept swimmers/divers who are able to attend a minimum of 7 of the 10 lesson days in this session. This is necessary in order to maintain a quality delivery of our lesson instruction.

<u>NOTE:</u> Sign-up for **session-2 lessons** will go live on Perfect Mind on Thursday, June 29th@ 1:00 pm. If you have any issues with registration for session-2 send an email to <u>poolmanager@shorewood-hills.org</u>.

SHOREWOOD HILLS POOL SWIM/DIVE LESSONS - CLASS DESCRIPTIONS

<u>Please try to estimate your child's swim/dive level from the description below.</u> Instructors will adjust students accordingly during the first few days of each session. <u>When in doubt, please select a lower level.</u> It is our desire to have the option of moving participants "up" in a lesson level, rather than having to adjust them "down".

COURSE	PREREQUISITES (bold) and CLASS DESCRIPTIONS
P/T	Parent/Tot: Goal is to introduce child to aquatic environment in the comfort of his/her parent. Focus on comfort and confidence in/around water. Games, music, etc. <i>Minimum age – 6 months. Must have a recently applied, tight-fitting swim diaper.</i>
Level 1	Very limited water experience. Should be able to participate without parental involvement. Introduction to basic water skills and development of swimming readiness. Will learn to submerge mouth, nose, and eyes. Front and back float while supported for 3 seconds. Course is held on pool stairs/shallow end. Suggested minimum age of 3 years.
Level 2	Completed Level 1. Swim with any combination of arm and leg movements for 15 feet on front and back, improving breath control, comfort in chest depth water level, begin to place entire head under water. Front and back floats for 5 seconds.
Level 3	Completed Level 2. Strong enough to work on combining strokes on front and back and begin to swim 15 - 25 yards (width of pool). Treading in slightly deeper water, retrieval of underwater items, coordinated breathing, head-first entry from seated position. Intro to butterfly.
Level 4	Completed Level 3. Improve upon previous skills/confidence. Begin diving, underwater swimming, open swim turns, survival float, coordinated treading. Intro to breaststroke and elementary backstroke. Front and back crawl 25 yards, breaststroke and elementary backstroke 15 yards.
Level 5	Completed Level 4. Additional practice, refinement, and endurance based on level 4 skills. Learn sidestroke, flip turns, survival swimming. Front and back crawl 50 yards, breaststroke and elementary backstroke 25 yards.
Level 6	Completed level 5. Skill proficiency and endurance for all strokes. Work on swim turns for all strokes. Use of kickboard, pull buoy, pace clock, fins (optional), and paddles (optional). Goal is to attain a continuous 500 yard swim including multiple strokes.
CS	Competitive Stroke Skills: Completed Level 6 . This class is intended to help competitive swimmers improve their stroke proficiency, turns, and starts.
BWS/LR	Basic Water Safety/Lifeguard Readiness: Completed Level 6. Train students who want to know how to respond in an aquatic emergency. This course will not qualify a participant to be a lifeguard. It will serve as a solid foundation for further training in lifeguarding and aquatics.
	MEMBERS OF THE DIVE TEAM MAY NOT PARTICIPATE IN DIVE LESSONS
ID	Introduction to Diving: Introduction to the diving board. Basic safety and use of the board. Building block skills to prepare students for further diving board use. Will learn diving approach. Front dive/back dive.
DD	Diving development: Students who are comfortable on the board, and familiar with the approach. Will begin to learn additional dives.

SHOREWOOD HILLS POOL SWIMMING AND DIVING LESSON REGISTRATION

Monday through Thursday

SESSION-2: JULY 10 – JULY 21

Monday through Friday

NOTE: Please be considerate of other participants taking part in lesson activities. **We will only be able to accept swimmers/divers who are able to attend a minimum of 7 of the 10 lesson days in this session.** This is necessary in order to maintain a quality delivery of our lesson instruction.

NOTE: This is the registration form for **SESSION-1 ONLY**. Beginning June 30th, sign-up for session-2 lessons will open. Sign-up for session-2 lessons will be done through Perfect Mind.

SHOREWOOD HILLS POOL SWIM/DIVE LESSONS – CLASS DESCRIPTIONS

<u>Please try to estimate your child's swim/dive level from the description below.</u> Instructors will adjust students accordingly during the first few days of each session. <u>When in doubt, please select a lower level.</u> It is our desire to have the option of moving participants "up" in a lesson level, rather than having to adjust them "down".

COURSE	PREREQUISITES (bold) and CLASS DESCRIPTIONS
P/T	Parent/Tot: Goal is to introduce child to aquatic environment in the comfort of his/her parent. Focus on comfort and confidence in/around water. Games, music, etc. Minimum age – 6 months. Must have a recently applied, tight-fitting swim diaper.
Level 1	Very limited water experience. Should be able to participate without parental involvement. Introduction to basic water skills and development of swimming readiness. Will learn to submerge mouth, nose, and eyes. Front and back float while supported for 3 seconds. Course is held on pool stairs/shallow end. Suggested minimum age of 3 years.
Level 2	Completed Level 1. Swim with any combination of arm and leg movements for 15 feet on front and back, improving breath control, comfort in chest depth water level, begin to place entire head under water. Front and back floats for 5 seconds.
Level 3	Completed Level 2. Strong enough to work on combining strokes on front and back and begin to swim 15 - 25 yards (width of pool). Treading in slightly deeper water, retrieval of underwater items, coordinated breathing, head-first entry from seated position. Intro to butterfly.
Level 4	Completed Level 3. Improve upon previous skills/confidence. Begin diving, underwater swimming, open swim turns, survival float, coordinated treading. Intro to breaststroke and elementary backstroke. Front and back crawl 25 yards, breaststroke and elementary backstroke 15 yards.
Level 5	Completed Level 4. Additional practice, refinement, and endurance based on level 4 skills. Learn sidestroke, flip turns, survival swimming. Front and back crawl 50 yards, breaststroke and elementary backstroke 25 yards.
Level 6	Completed level 5. Skill proficiency and endurance for all strokes. Work on swim turns for all strokes. Use of kickboard, pull buoy, pace clock, fins (optional), and paddles (optional). Goal is to attain a continuous 500 yard swim including multiple strokes.
CS	Competitive Stroke Skills: Completed Level 6 . This class is intended to help competitive swimmers improve their stroke proficiency, turns, and starts.
BWS/LR	Basic Water Safety/Lifeguard Readiness: Completed Level 6. Train students who want to know how to respond in an aquatic emergency. This course will not qualify a participant to be a lifeguard. It will serve as a solid foundation for further training in lifeguarding and aquatics.
	MEMBERS OF THE DIVE TEAM MAY NOT PARTICIPATE IN DIVE LESSONS
ID	Introduction to Diving: Introduction to the diving board. Basic safety and use of the board. Building block skills to prepare students for further diving board use. Will learn diving approach. Front dive/back dive.
DD	Diving development: Students who are comfortable on the board, and familiar with the approach. Will begin to learn additional dives.



SHOREWOOD HILLS POOL SWIM TEAM INFORMATION



There will be a PARENT/COACH "Meet & Greet" in late May/ early June. Coaches and Parent Committee representatives will be there to answer any questions you may have. Please keep an eye out for more information in the next couple of weeks!

Our Swim and Dive **TEAM SUITS** and **TEAM APPAREL** will be ordered through Simply Swimming again this season. For any questions regarding the team suits, please call them at 836-6649. We have a designated "fit night" scheduled for 5/3 from 4-6 pm where you can visit their store to try suits on and purchase them there, as well as place orders for other apparel.

ALL PARTICIPANTS WILL ALSO RECEIVE A TEAM T-SHIRT

Team Requirements:

· All swimmers must be able to complete 2 widths of the pool (one on their front, and one on their back) with a one-minute break between lengths. Swimmers unable to meet this requirement may opt to swim with our "Little Sharks" group. (see information on Little Sharks requirements and practice times below)

Practice: (June 5-8) • 9&10 and 13&older: 5:00 to 6:00 pm

· 8&under and 11&12: 6:00 to 7:00 pm

Practice: (June 12-July 26, Mon-Fri) 9&10: 7:45 to 9:00 am

13&older: 7:45 to 9:30 am
8&under: 9:15 to 10:15 am
11&12: 9:15 to 10:25 am

Friday Night Starts and Turns: (Begins on June 16th)

• Each Friday there will be a special practice to work on starts and turns in preparation for the meet that weekend.

- 4:00-4:30 8&under and 11-12
- 4:30-5:00 9-10 and 13 & older

Swim Meets:

- Home: June 21(Wednesday PM Meet), July 1, and July 8
- · Away: June 17, June 24, July 12, July 22
- · All-City: July 27-29 @ Goodman (Swimmers must compete in 3 regular season meets to be eligible)

Little Sharks: (June 12 – July 20)

- · Little Sharks must be able to swim 1 width of the pool without stopping may use any combination of movements
- · Practice: 9:15 to 10:00 am (Tuesday & Thursday ONLY)
- · Meets: Little Sharks will have the opportunity to swim in a special event at the home meet on July 8^{dh}

Volunteer Requirements:

• It is expected that parents/guardians of participants volunteer during the summer to help the team in some way. Volunteer opportunities will be explained in more detail at a later date.

Contacts/Information:

· All team contact information can be found at www.shorewoodswimanddive.com

SWIM TEAM/LITTLE SHARKS REGISTRATION INFORMATION

How to register for swim team or "little sharks"

This year's swim and dive team registration will be totally paperless! All information will be collected using our team website www.shorewoodswimanddive.com. If you click on the "Start Registration" link on the left side of the page, it will walk you through the registration process. A few quick notes about registration:

- 1) Please read through all of the directions on the "start registration" page before moving on to the next step. It has important information about the team and will help navigate you through the registration process.
- 2) Completing this process through our team website is the only way to complete your registration for this season. We are not collecting paper registration forms.
- 3) Fees are NOT collected via this website, but should instead be paid with your pool membership fees through Perfect Mind. The cost for swim team is \$65 per athlete. Please DO NOT mail or drop off payment at Village Hall.

"FIT NIGHT" 5/3 4-6 PM @ Simply Swimming 6649 University Ave.

This season **Simply Swimming** will again be handling all Shorewood Shark **apparel** and **team suits**! To kick things off, Simply Swimming will be hosting a "fit night" at their store just for Shorewood Swimmers and Divers! This is an 'open house' type of event and will go from 4-6 PM, but make sure to get there before 5:30 so you leave enough time to try on your suit. The store will have staff on hand to help your child/ren figure out their best fit and size for the team suit – many sizes will be in stock and on hand, but as needed suits will be ordered.

ALSO, you will be able to **order team clothing** (sweats, additional cool shirts – including awesome ADULT sizes!), and personalized Shorewood swim caps.

This will be a great afternoon and evening – hope you can join us! While we'd love to have as many Sharks at the store on fit night as we can, they are also highly encouraging people to stop in prior to 5/3 as they will have supplies available prior to that time. It never hurts to be early!

Remember that all apparel, including team suit, is optional. All team members will receive a team shirt that is covered under the team registration fee.



SHOREWOOD HILLS POOL DIVE TEAM INFORMATION



There will be a PARENT/COACH "Meet & Greet" in late May/ early June. Coaches and Parent Committee representatives will be there to answer any questions you may have. Please keep an eye out for more information in the next couple of weeks!

Our Swim and Dive **TEAM SUITS** and **TEAM APPAREL** will be ordered through Simply Swimming again this season. For any questions regarding the team suits, please call them at 836-6649. We have a designated "fit night" scheduled for 5/3 from 4-6 pm where you can visit their store to try suits on and purchase them there, as well as place orders for other apparel.

ALL PARTICIPANTS WILL RECEIVE A TEAM T-SHIRT

Early Season Practice: (June 5-8)

8&under and 11&12: 5:00 to 6:00 pm
9&10 and 13 & older: 6:00 to 7:00 pm

Main Season Practice: (Begins June 12th)

- · Divers may attend ONE of the two daily practice times throughout the main season (either 12:00 pm to 1:15 pm, or 4:45 pm to 6:00 pm). These practices will meet daily, Monday through Thursday.
- · Friday practices will be from 12:00-1:15pm, and will ONLY be for divers participating in that day's dive meet.
- · Special practice on Wednesday, June 28th from 12:00pm -1:15pm for all divers participating in the evening meet.
- There will be no evening practice on Wednesday, June 28th due to the evening meet.

Team Requirements:

- · All 10 and under divers must be able to do 4 dives to be on the dive team. Divers may join the team at any time during the season in which they become able to perform the required dives.
- · All 11 and older divers must be able to do 5 dives to be on the dive team. Divers may join the team at any time during the season in which they become able to perform the required dives.
 - · Due to physical and space limitations, dive team members will <u>not</u> be permitted to take diving lessons.

Dive Meets:

- · Home: June 16, June 23, July 7
- · Away: June 28 (Wednesday), June 30, July 14, and July 21.
- · All-City: July 24 and 25 @ SHOREWOOD (Divers must compete in 3 regular season meets to be eligible)

Volunteer Requirements:

• It is expected that parents/guardians of participants volunteer during the summer to help the team in some way. Volunteer opportunities will be explained in more detail at a later date.

Contacts/Information:

· All team information can be found at www.shorewoodswimanddive.com

DIVE TEAM REGISTRATION INFORMATION

How to register for dive team

This year's swim and dive team registration will be totally paperless! All information will be collected using our team website www.shorewoodswimanddive.com. If you click on the "Start Registration" link on the left side of the page, it will walk you through the registration process. A few quick notes about registration:

- 1) Please read through all of the directions on the "start registration" page before moving on to the next step. It has important information about the team and will help navigate you through the registration process.
- 2) Completing this process through our team website is the only way to complete your registration for this season. We are not collecting paper registration forms.
- 3) Fees are NOT collected via this website, but should instead be paid with your pool membership fees through Perfect Mind. The cost for dive team is \$65 per athlete. Please DO NOT mail or drop off payment at Village Hall.

"FIT NIGHT" 5/3 4-6 PM @ Simply Swimming 6649 University Ave.

This season **Simply Swimming** will again be handling all Shorewood Shark **apparel** and **team suits**! To kick things off, Simply Swimming will be hosting a "fit night" at the store just for Shorewood Swimmers and Divers! This is an 'open house' type of event and will go from 4-6 PM, but make sure to get there before 6:30 so you leave enough time to try on your suit. The store will have staff on hand to help your child/ren figure out their best fit and size for the team suit – many sizes will be in stock and on hand, but as needed suits will be ordered.

ALSO, you will be able to **order team clothing** (sweats, additional cool shirts – including awesome ADULT sizes!), and personalized Shorewood swim caps.

This will be a great afternoon and evening – hope you can join us! While we'd love to have as many Sharks at the store on fit night as we can, they are also highly encouraging people to stop in prior to 5/3 as they will have supplies available prior to that time. It never hurts to be early!

Remember that all apparel, including team suit, is optional. All team members will receive a team shirt that is covered under the team registration fee.

SHOREWOOD HILLS POOL 2023 WATER BALLET REGISTRATION

PROGRAM INFORMATION

Fees: • Registration fees include payment for costume. Please see participation requirements below before

registering. Refunds will not be given after the program begins on 6/12.

Participation Requirement: To be considerate to other participants, please do not register for this program if

you will miss more than 2 of the "Small Group" practices. Additionally all show

participants must attend the rehearsal

Practices: LARGE GROUP WEEK 1 (6/12-6/15) – 60min SMALL GROUPS (6/19-7/13) – 30 min between 6&8PM

• 10&unders – 6-7PM • After week 1, participants will be assigned

• 11&olders – 7-8PM to a M/W or T/TH group based on your indicated

preference.

Dates: • Dress Rehearsal: July 15 at 7:00PM

• Performance: July 16 at 8:45 - much more info to follow. Participants will arrive earlier

than the show start time.

Communications:

· Coaching questions: waterballetcoach@shorewoodpool.com

· Weekly updates: Be sure to sign-up for weekly email updates. Go to the pool website at www.shorewoodpool.com, and click on "sign-up for our newsletter" in the upper, right corner.

2023 Shorewood Pool Schedule

MAY 27 – JUNE 9:

11:00 AM - 12:30 PM

12:30 PM - 7:00 PM

NOTE: On the days of June 5 - 8 a portion of the pool will be restricted from 5:00 PM

until 7:00 PM for Swim and Dive Team practice, AND the pool will be converted to a short course

(25-vard) format.

Water Aerobics (Starting June 5th) 12:30 PM - 1:30 PM

Adult Swim

Open Swim

JUNE 10 - JULY 2:

(**Note: Pool closes at 7:30 PM every Monday night)

MONDAY - THURSDAY LAP & OPEN SWIM:

5:45 AM - 7:45 AM Adult lap swim (long course, 1-lane)

10:30 AM - 9:00 PM** Wading pool open

10:30 AM - 12:00 PM Adult lap swim (during lessons, short course, 2-lanes)

12:00 PM - 12:30 PM Adult lap swim (during lessons, long course, 3 lanes)

12:30 PM - 1:15 PM Adult swim (long course, 3-4 lanes)

1:15 PM - 9:00 PM** Open swim (includes long course lap swim, 2-3 lanes)

FRIDAY LAP & OPEN SWIM:

5:45 AM - 7:45 AM Adult lap swim (long course, 1-lane)

11:00 AM - 9:00 PM Wading pool open

11:00 AM - 12:30 PM Adult swim (long course, 3-4 lanes)

12:30 PM - 4:00 PM Open swim (includes long course lap swim, 3-lanes)

4:00 PM - 9:00 PM Family swim (short course, 3-6 lanes)

MONDAY - THURSDAY PROGRAMMING:

7:45 AM - 10:30 AM Swim team practice

10:30 AM - 12:30 PM Swim/Dive lessons

12:00 PM - 1:15 PM Dive team practice

12:30 PM - 1:30 PM Water Aerobics

4:45 PM - 6:00 PM Dive team practice

Swim team practice PM - 6:00 PM

Master's Swim - 2 lanes (Mon and Wed) PM - 7:30 PM

PM - 9:00 PMBAC lane rental – 2 lanes (**Tues and Thurs**)

6:00 PM - 8:00 PM Water Ballet

FRIDAY PROGRAMMING:

7:45 AM - 10:30 AM Swim team practice

10:30 PM - 12:00 PM Dive team practice

12:30 PM - 1:30 PM Water Aerobics

SATURDAY LAP & OPEN SWIM: SUNDAY LAP & OPEN SWIM:

11:00 AM - 12:30 PM Adult swim 10:00 AM - 12:00 PM Adult swim

11:00 AM - 9:00 PM Wading pool open 10:00 AM - 8:00 PM Wading pool open

12:30 PM - 9:00 PM Open swim 12:00 PM - 8:00 PM Open swim

PM - 5:00 PM Swim team practice

JULY 3, 5, 6 and 7

DAILY LAP AND OPEN SWIM:

5:45 AM - 7:45 AM Adult lap swim (**long course**, 1-lane)

11:00 AM - 12:30 PM** Adult swim

11:00 AM - 9:00 PM** Wading pool open (7:30 Closing Monday)

12:30 PM - 9:00 PM** Open swim (7:30 Closing Monday)

4:00 PM - 9:00 PM Family swim - FRIDAY ONLY

JULY 4 SCHEDULE

4:00

JULY 4TH SCHEDULE: (Note: No 5:45am lap swim)

11:00 AM - 12:30 PM Adult swim

11:00 AM - 6:00 PM Wading pool open

12:30 PM - 6:00 PM Open swim

^{**}Programming same as above, however no swim/dive lessons

^{**} Monday 7/3 Pool closes at 7:30PM

^{**}No AM lap swim or Water Aerobics**

2023 Shorewood Pool Schedule

IULY 8 - IULY 22 (**Note: Pool closes at 7:30 PM every Monday night)

MONDAY - FRIDAY LAP & OPEN SWIM:

5:45 AM - 7:45 AM Adult lap swim (long course, 1-lane)

10:30 AM - 9:00 PM** Wading pool open

 $10:30 \quad AM \ - \quad 12:00 \quad PM \qquad Adult \ lap \ swim \ (during \ lessons, \ \textit{short course}, \ 2\text{-lanes})$

 $12{:}00\ PM$ - $12{:}30\ PM$ Adult lap swim (during lessons, long course, 3 lanes)

12:30 PM - 1:15 PM Adult swim (long course, 3-4 lanes)

1:15 PM - 9:00 PM** Open swim (includes long course lap swim, 2-3 lanes)

FRIDAY ONLY:

4:00 PM - 9:00 PM Family swim (short course, 3-6 lanes)

■ Pool is in a short-course configuration

MONDAY - FRIDAY PROGRAMMING:

7:45 AM - 10:30 AM Swim team practice 10:30 AM - 12:30 PM Swim/Dive lessons 12:00 PM - 1:15 PM Dive team practice

12:00 PM - 1:15 PM Dive team practice 12:30 PM - 1:30 PM Water Aerobics

4:45 PM - 6:00 PM Dive team practice

5:00 PM - 6:00 PM Swim team practice (**4:00 - 5:00 Fridays**)

6:00 PM - 7:30 PM Master's Swim - 2 lanes **(Mon and Wed)**

6:00 PM - 9:00 PM BAC lane rental – 2 lanes (Tues and Thurs)

6:00 PM - 8:00 PM Water Ballet

SATURDAY LAP & OPEN SWIM: SUNDAY LAP & OPEN SWIM:

11:00 AM - 12:30 PM Adult swim 10:00 AM - 12:00 PM Adult swim

11:00 AM - 9:00 PM Wading pool open 10:00 AM - 8:00 PM Wading pool open

12:30 PM - 9:00 PM Open swim 12:00 PM - 8:00 PM Open swim

**NOTE: DO TO ALL CITY DIVE, POOL WILL BE CLOSED JULY 23 - JULY 25 (JULY 26TH IF THERE IS A RAIN DELAY)

JULY 26 – JULY 29: (**Note: Pool closes at 7:30 PM every Monday night)

DAILY LAP AND OPEN SWIM:

5:45 AM - 7:45 AM Adult lap swim (M-W, long course, 1-lane)

11:00 AM - 12:30 PM Adult swim

11:00 AM - 9:00 PM** Wading pool open

12:30 PM - 9:00 PM** Open swim

WEDNESDAY ONLY:

4:00 PM - 9:00 PM Family swim (short course, 3-6 lanes)

■ Pool is in a short-course configuration

PROGRAMMING: As above, without lessons.

JULY 30 - AUGUST 30: (**Note: Pool closes at 7:30 PM every Monday night)

DAILY LAP AND OPEN SWIM: FRIDAY ONLY:

10:00 AM - 12:00 PM Adult swim 4:00 PM- 8:00 PM Family swim (short course, 3-6 lanes)

10:00 AM - 8:00 PM** Wading pool open ■ Pool is in a short-course configuration

12:00 PM - 8:00 PM** Open swim

PROGRAMMING:

6:30 AM - 8:30 AM Adult lap swim (M-W-F)

12:30 PM - 1:30 PM Water Aerobics (Monday through Friday) 6:00 PM - 7:30 PM Master's Swimming (Monday and Wednesday)

AUGUST 31 (Closing Day):

MONDAY:

9:00 AM - 12:00 PM Adult swim

9:00 AM - 5:30 PM Wading pool open

12:00 PM - 5:30 PM Open swim

2023 Shorewood Pool Schedule

SCHEDULE DEFINITIONS:

ADULT SWIM: The pool is for adult use only. Lap lanes are available; however, the pool may be used for multiple purposes as desired.

• ADULT LAP SWIM: There are lanes designated for adult lap swimming only. There are often other swim programs occurring simultaneously in the pool.

• **OPEN SWIM:** Pool is open for use by members of all ages. The pool is set-up in the long course format, with lap lanes available.

• **LONG COURSE:** Pool is configured in a 50-meter format across the length of the pool, with 1 to 4 lap lanes available.

• SHORT COURSE: Pool is configured in a 25-yard format across the width of the pool, with 2 to 6 lanes available.

• FAMILY SWIM: Pool is open for use by all members; however, it is set-up in a short-course format with a large open area available in the shallow end.

Lap swimming remains available in the short course format.

MISCELLANEOUS:

• Pool Phone: 266-2559

• Shorewood Hills Village Hall: 267-2680

• Pool Website: <u>www.shorewoodpool.com</u>

• Pool Manager: <u>poolmanager@shorewood-hills.org</u>

HOW MANY LAPS IN A MILE?

Long course (50 meters) = 32 lengths of the pool Short course (25 yards) = 70 lengths of the pool

**SCHEDULE NOTES:

- 1. The pool closes at 7:30 PM on Mondays for Lifeguard drills and/or scheduled maintenance.
- 2. At all scheduled times of Adult Swim and Open Swim; the wading pool is open for use.
- 3. There is a 15-minute Adult Swim at the top of every hour, beginning one hour after the start of open swim.
- 4. When the air temperature is consistently below 60° F, the pool may close at the manager's discretion. Please call ahead, or check the website.