2016 Shorewood Hills Pool Schedule

MAY 28 – JUNE 10:

12:30 PM - 7:00

11:00 AM - 12:30 PM

NOTE: On the days of June 6-9 a portion of the pool will be restricted from 5:00 PM until 7:00 PM for Swim and Dive Team practice, AND the pool will be converted to a short course (25-yard) format.

12:30 PM - 1:30 PM Water Aerobics (Starting June 6th)

Adult Swim

Open Swim

JUNE 11 - JULY 3: (**Note: Pool closes at 7:30 PM every Monday night)

MONDAY - THURSDAY LAP & OPEN SWIM:

	5:45	AM -	7:45	AM	Adult lap swim (long course, 1-land	e)
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10:30 AM - 9:00 PM** Wading pool open

10:30 AM - 12:00 PM Adult lap swim (short course, 2-lanes)

12:00 PM - 12:30 PM Adult lap swim (long course, 3 lanes)

12:30 PM - 1:15 PM Adult swim (long course, 3-4 lanes)

9:00 PM** Open swim (includes long course lap swim, 2-3 lanes)

FRIDAY LAP & OPEN SWIM:

5:45	AM -	7:45	AM	Adult lar	swim	(long course	. 1-lane)

Wading pool open 11:00 AM -9:00 PM

11:00 AM - 12:30 PM Adult swim (long course, 3-4 lanes)

12:30 PM -3:50 PMOpen swim (includes long course lap swim, 3-lanes)

3:50 PM -9:00 PMFamily swim (short course, 3-6 lanes)

SATURDAY LAP & OPEN SWIM: SUNDAY LAP & OPEN SWIM:

11:00 AM - 12:30 PM Adult swim

11:00 AM - 9:00 PM

12:30 PM - 9:00 PM Open swim

10:00 AM - 12:00 PM Adult swim Wading pool open

Wading pool open 10:00 AM - 8:00 PM

12:00 PM - 8:00 PM Open swim

MONDAY - THURSDAY PROGRAMMING:

7:45 AM - 10:30 AM Swim team practice 10:30 AM - 12:30 PM Swim/Dive lessons 12:00 PM - 1:15 Dive team practice 12:30 PM -1:30 PMWater Aerobics

PM -4:45 6:00 PMDive team practice

PM -6:00 PMSwim team practice 5:00

PM -7:30 Master's Swim - 2 lanes (Mon and Wed) 6:00 PM -7:30 PM BAC lane rental – 2 lanes (Tues and Thurs)

6:00 PM -8:00 PM Water Ballet

FRIDAY PROGRAMMING:

AM - 10:30 AM Swim team practice 10:30 PM -12:00 PM Dive team practice

12:30 PM - 1:30 PM Water Aerobics

4:00 PM - 5:00 PMSwim team practice

JULY 5 – JULY 8

IULY 4th SCHEDULE: (Note: No 5:45am lap swim)

11:00 AM - 12:30 PM Adult swim

JULY 4

11:00 AM - 6:00 PM Wading pool open

12:30 PM - 6:00 PM Open swim

No AM lap swim or Water Aerobics

DAILY LAP AND OPEN SWIM:

AM - 7:45 AM Adult lap swim (long course, 1-lane)

11:00 AM - 12:30 PM** Adult swim

9:00 PM** Wading pool open 11:00 AM -

12:30 PM - 9:00 PM Open swim

PROGRAMMING:

See schedule directly above, however no swim/dive lessons.

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IULY 9 - IULY 24 (**Note: Pool closes at 7:30 PM every Monday night)

MONDAY - FRIDAY LAP & OPEN SWIM:

5:45 AM - 7:45 AM Adult lap swim (long course, 1-lane)

10:30 AM -9:00 PM** Wading pool open

10:30 AM - 12:00 PM Adult lap swim (short course, 2-lanes)

12:00 PM - 12:30 PM Adult lap swim (long course, 3 lanes)

12:30 PM - 1:15 PM Adult swim (long course, 3-4 lanes)

PM** Open swim (includes long course lap swim, 2-3 lanes) 1:15 PM -9:00

FRIDAY ONLY:

4:00 PM - 9:00 PM Family swim (short course, 3-6 lanes)

• Pool is in a short-course configuration

SUNDAY LAP & OPEN SWIM:

SATURDAY LAP & OPEN SWIM: 11:00 AM - 12:30 PM Adult swim 10:00 AM - 12:00 PM Adult swim

11:00 AM - 9:00 PM Wading pool open 10:00 AM - 8:00 PM Wading pool open

12:30 PM - 9:00 PM Open swim 12:00 PM - 8:00 PM Open swim

IULY 25 - IULY 30: (**Note: Pool closes at 7:30 PM every Monday night)

DAILY LAP AND OPEN SWIM:

5:45 AM - 7:45 AM Adult lap swim (M-W, long course, 1-lane)

11:00 AM - 12:30 PM Adult swim

9:00 PM** Wading pool open 11:00 AM -

12:30 PM - 9:00 PM** Open swim

MONDAY - FRIDAY PROGRAMMING:

7:45 AM - 10:30 AM Swim team practice

10:30 AM - 12:30 PM Swim/Dive lessons

12:00 PM - 1:15 PM Dive team practice

12:30 PM -1:30 Water Aerobics

PM -6:00 PMDive team practice

PM -6:00 Swim team practice (4:00 - 5:00 Fridays)

Master's Swim - 2 lanes (Mon and Wed) 6:00 PM -7:30

PM -7:30 BAC lane rental – 2 lanes (Tues and Thurs)

PM -8:00 PM Water Ballet

FRIDAY ONLY:

4:00 PM - 9:00 PM Family swim (short course, 3-6 lanes)

• Pool is in a short-course configuration

PROGRAMMING: As above, without lessons.

JULY 31 – SEPTEMBER 4: (**Note: Pool closes at 7:30 PM every Monday night)

DAILY LAP AND OPEN SWIM:

FRIDAY ONLY:

10:00 AM - 12:00 PM 4:00 PM- 8:00 PM Family swim (short course, 3-6 lanes) Adult swim

10:00 AM - 8:00 PM** Wading pool open

• Pool is in a short-course configuration

12:00 PM - 8:00 PM** Open swim

PROGRAMMING:

6:30 AM - 8:30 AM (M-W-F) Adult lap swim

Water Aerobics (Monday through Friday) 12:30 PM - 1:30 PM (Monday and Wednesday) 6:00 PM - 7:30 PM Master's Swimming

SEPTEMBER 5 (Closing Day):

MONDAY:

AM - 12:00 PM Adult swim

AM - 5:30 PM Wading pool open

12:00 PM - 5:30 PM Open swim

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SCHEDULE DEFINITIONS:

• **ADULT SWIM:** The pool is for adult use only. Lap lanes are available, however the pool may be used for multiple purposes as desired.

• ADULT LAP SWIM: There are lanes designated for adult lap swimming only. There are often other swim programs occurring simultaneously in the pool.

• **OPEN SWIM:** Pool is open for use by members of all ages. The pool is set-up in the long course format, with lap lanes available.

• LONG COURSE: Pool is configured in a 50-meter format across the length of the pool, with 1 to 4 lap lanes available.

• **SHORT COURSE:** Pool is configured in a 25-yard format across the width of the pool, with 2 to 6 lanes available.

• FAMILY SWIM: Pool is open for use by all members, however it is set-up in a short-course format with a large open area available in the shallow end.

Lap swimming remains available in the short course format.

MISCELLANEOUS:

• Pool Phone: 266-2559

Shorewood Hills Village Hall: 267-2680Pool Website: www.shorewoodpool.com

• Pool Manager: <u>info@shorewoodpool.com</u>

HOW MANY LAPS IN A MILE?

Long course (50 meters) = 32 lengths of the pool Short course (25 yards) = 70 lengths of the pool

**SCHEDULE NOTES:

- 1. The pool closes at 7:30 PM on Monday's for Lifeguard drills and/or scheduled maintenance.
- 2. At all scheduled times of Adult Swim and Open Swim; the wading pool is open for use.
- 3. There is a 15-minute Adult Swim at the top of every hour, beginning one hour after the start of open swim.
- 4. When the air temperature is consistently below 60° F, the pool may close at the manager's discretion. Please call ahead, or check the website.